# Integrating loco-regional hyperthermia into the current oncology practice: A SWOT and TOWS analysis

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### **Abstract**

Moderate hyperthermia at temperatures between 39 and 45°C is a multifaceted therapeutic modality. It is a potent radiosensitizer, interacts favorably with a host of chemotherapeutic agents and with RT enforces immunomodulation akin to "in situ tumor vaccination." By sensitizing hypoxic tumor cells and inhibiting repair of radiotherapy-induced DNA damage, the properties of hyperthermia delivered with photons provides a tumor-selective therapeutic advantage analogous to high LET neutrons, but without normal tissue toxicity. Furthermore, the high LET attributes of hyperthermia thermoradiobiologically enhance low LET protons; thus, proton thermoradiotherapy mimics 12C ion therapy. Hyperthermia with radiotherapy and/or chemotherapy substantially improves therapeutic outcomes without enhancing normal tissue morbidities yielding level I evidence as reported in several randomized clinical trials, systematic reviews and metaanalyses for various tumor sites. Further, hyperthermia along with immune check point inhibitors and DNA damage repair inhibitors could further augment the therapeutic efficacy resulting in synthetic lethality. Besides technological advancements in hyperthermia delivery, complemented by hyperthermia treatment planning, its integration with radiotherapy treatment plans, online thermometry and adherence to quality assurance guidelines have all ensured safe and effective delivery of hyperthermia to the target region. Additionally, hyperthermia induced by magnetic nanoparticles coupled to selective payloads provides a comprehensive tumor-specific theranostic modality akin to "magic (nano)bullets." To get a realistic overview of the strength (S), weakness (W), opportunities (O) and threats (T) of hyperthermia, a SWOT analysis has been undertaken. Additionally, a TOWS analysis categorizes future strategies to facilitate further integration of hyperthermia with the current treatment modalities. These could gainfully accomplish a safe, versatile and cost-effective enhancement of the existing therapeutic armamentarium to improve outcomes in clinical oncology.

Keywords: hyperthermia, radiation therapy, chemotherapy, immunotherapy, radiosensitizer, hyperthermia treatment planning, SWOT analysis, clinical trials



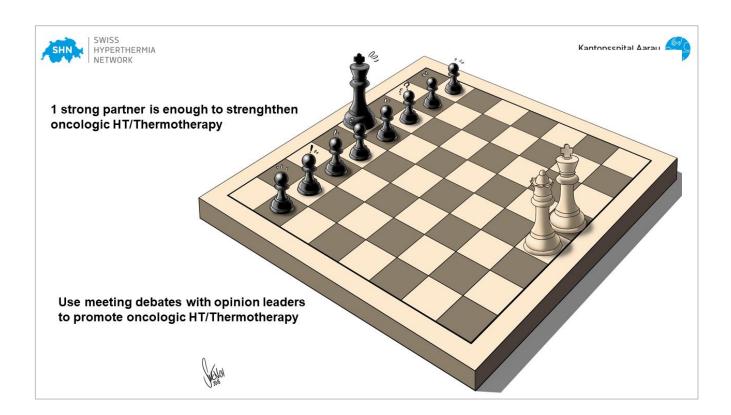


# 38. ICHS Meeting (Online!)

Integrating loco-regional hyperthermia into current oncology practice: A SWOT and TOWS analysis

2020 update of oncologic thermotherapy activities in EU/CH

Stephan Bodis on behalf of the Swiss Hyperthermia Network (SHN) 5.11.2020







# The future of Oncologic Thermotherapy is Technology

## **Niels Kuster**

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### Niels Kuster

Prof. Niels Kuster is the founder and Director of the Foundation for Research on Information Technologies in Society (IT'IS Foundation) in Zurich, Switzerland, and Associate Professor of the Department of Information Technology and Electrical Engineering at ETH Zurich.

His research covers many aspects of electromagnetics and computational life sciences, and focus, in particular, on the modeling of both internal and external physical factors that affect human physiology. These include electromagnetic fields (e.g. MR safety assessments), tissue heating and cooling (e.g. hyperthermia and ablation), acoustics in biology (e.g. focused ultrasound/pressure waves), biofluid dynamics (e.g. blood flow and aneurysm), biomechanics (e.g. bone, ligaments, and arterial walls), and dynamic tissue models (e.g. nerve models and tumor growth).

Prof. Kuster has published over 700 publications in books, journals, and proceedings on measurement techniques, computational electromagnetics, dosimetry, exposure assessments, and bioexperimentation. He is a long-time member of several standardization bodies and serves as a consultant on exposure safety assessment for governmental agencies around the globe.





# The future of Oncologic Thermotherapy is Biology

## **Jean Bourhis**

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### **Jean Bourhis**

Prof. Bourhis has been Chairman of the Radiation Oncology at the Institute Gustave Roussy (Villejuif, France), one of the most prominent Cancer Center in Europe, and moved in 2012 to the CHUV as Head of Radiation Oncology.

His clinical activity is focused on Radiation Oncology Head and Neck cancers, he is chairman of the GORTEC, a cooperative group dedicated to Head and Neck Oncology.

Prof. Bourhis has been for 15 years also Director of a laboratory dedicated to Translational Research in Radiation Oncology. He authored more than 300 scientific papers.

Prof. Bourhis is also Past President of the European Society for Radiotherapy and Oncology (ESTRO), Past President of the ESTRO Cancer Foundation and currently serves as SASRO President."



frontiers in Oncology Datta et al. June 2020

Integrating Loco-Regional Hyperthermia Into the **Current Oncology Practice: SWOT and TOWS** 

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### Strengths

- Tumor selective multifaceted modality
   i. Potent radiosensitizer
   ii. Chemosensitizer
   iii. Enforces Immunomodulation
- Individualized hyperthermia treatment for superficial and deep-seated tumors
   Online and non invasive thermometry,
- treatment planning and control
- Improved outcomes supported by clinical trials and meta-analysis

### Weakness

- 1. Uncertainty in actual 3D temperature distributions
- Inadequate quality assurance for hyperthermia treatment delivery and monitoring along with inappropriate sample sizes and end points in early clinical trials
- Limited centres with both superficial and deep hyperthermia facilities
- 4. Insurance and reimbursement facilities growing but still limited in some countries.

#### Threats

- True potential of hyperthermia may remain unexplored in clinical oncology care
- 2. A cost-effective and safe modality may fall

### Opportunities

- Multicentric phase III clinical trials, especially with curative intent and organ preservation
- 2. Technological development and quality assurance to improve therapeutic outcomes
- 3. Combining hyperthermia with immune checkpoint and DNA repair inhibitors
- 4. Combining hyperthermia with protons and use MMNs as magic (nano)bullets

FIGURE 3 | Primary elements of the SWOT analysis for hyperthermia. MMNs, multifunctional nanopa DNA-dependent protein kinase catalytic subunit; HSP, heat shock proteins.

## Review Hyperthermia, Datta et al

Frontiers in Oncology 2020

### Strengths

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  - Chemosensitizer
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# Heating technology for all body locations



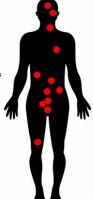














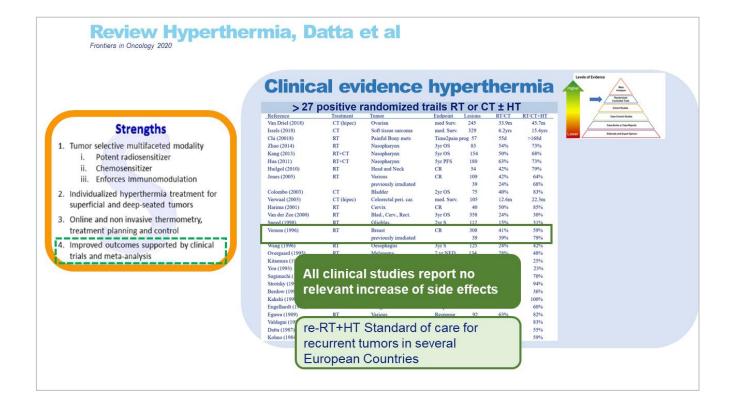


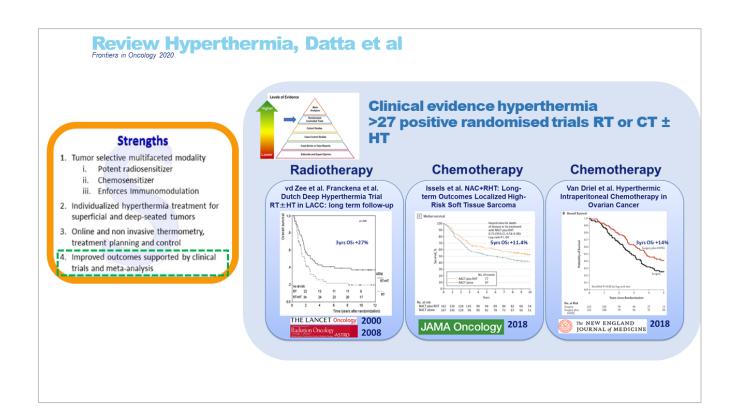


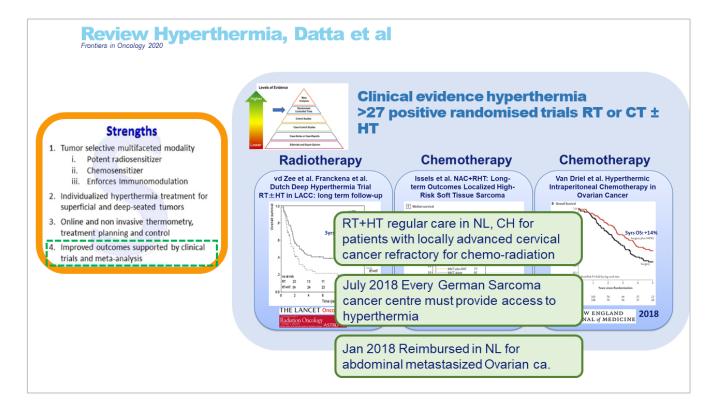


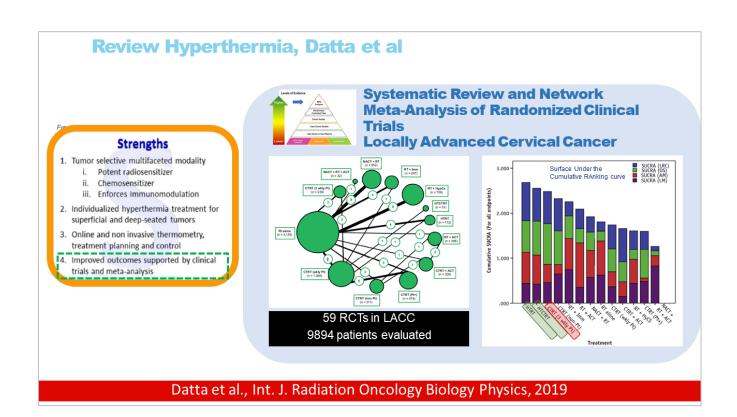
Peritoneal Carcinomatosis HIPEC - Hyperthermic intraperitoneal chemo

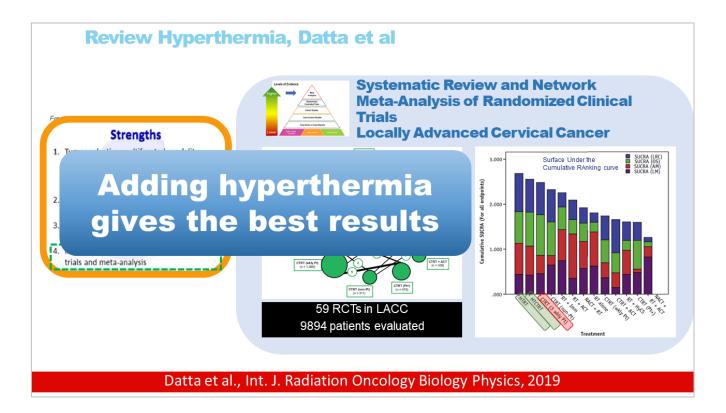
#### Review Hyperthermia, Datta et al Frontiers in Oncology 2020 Clinical evidence hyperthermia > 27 positive randomized trails RT or CT ± HT Reference Van Driel (2018) Issels (2018) med Surv. med. Surv. 45.7m 15.4yrs >168d 73% 68% Strengths 6.2yrs Chi (20018) Zhao (2014) RT Painful Bony mets 1. Tumor selective multifaceted modality Nasopharynx Nasopharynx 3yr OS 5yr OS 154 180 54 Kang (2013) i. Potent radiosensitizer Hua (2011) RT+CT 5yr PFS CR Chemosensitizer Huilgol (2010) Jones (2005) Head and Neck RT CR iii. Enforces Immunomodulation previously irradiated Bladder Colombo (2003) 2. Individualized hyperthermia treatment for Colombo (2003) Verwaal (2003) Harima (2001) Van der Zee (2000) Sneed (1998) Vernon (1996) Colorectal peri, car. Colorectal peri, car. Cervix Blad., Cerv., Rect. Glioblas. Breast previously irradiated Oesophagus Melanoma Oesophagus Rectum superficial and deep-seated tumors 3. Online and non invasive thermometry, treatment planning and control RT RT, RT, CT RT, surg. RT, CT, surg. RT, surg. Wang (1996) Overgaard (1995) Kitamura (1995) You (1993) 4. Improved outcomes supported by clinical trials and meta-analysis Sugimachi (1992) Strotsky (1991) 53 102 115 14 44 92 44 Berdow (1990) Kakehi (1990) Engelhardt (1989) RT, surg. Rectum Egawa (1989) Hoofd-hals







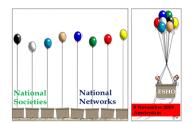




# Review Hyperthermia, Datta et al

### **Opportunities**

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- Combining hyperthermia with immune checkpoint and DNA repair inhibitors
- 4. Combining hyperthermia with protons and use MMNs as magic (nano)bullets



ESHO and Atzelsberg Circle combine efforts for CT-RT trials including hyperthermia (HT). Kick- off in Amsterdam 11-2019

### **Evaluating**

- · Natl. phase II study RT+HT in rectum cancer Germany
- Int. study CT+HT: HEAT trial in pancreatic tumors Germany, Poland

### Running

- · Int. study RT+HT in anal cancer Germany, Italy, CH
- · Natl. phase II study CRT+HT inop Rectum Ca. Germany
- · Natl. study HyperThermia Enhanced Trabectedin for STS

#### Initiatives

- · Int. study proton+HT in sacral chordoma patients CH, Netherlands, USA
- Intl. study RT/CT-HT for muscle invasive bladder cancer
- Natl. RTCT-HT for local advanced non metastastic pancreatic cancer (HEATPAC)

Exclusive company initiated clinical trials.

# Review Hyperthermia, Datta et al

### Opportunities

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### Non-invasive thermometry by MRI research





Munich

Rotterdam

Dusseldorf

Tubingen

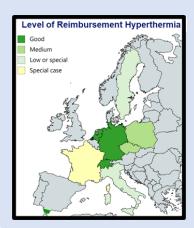
Erlangen

# Review Hyperthermia, Datta et al

### Weakness

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- 3. Limited centres with both superficial and deep hyperthermia facilities
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### Reimbursement hyperthermia



Netherlands: HT reimbursed with radiotherapy. Regional deep and superficial hyperthermia, from January 1<sup>st</sup> 2010 onwards:

 Locally advanced cervical cancer for patients that are refusing or refractory for chemoradiation

Any recurrent tumor in previously irradiated areas:

- breast ca.
- lymph node metastasis of Head & Neck ca.
- tumors causing local complaints as palliation
- Rectum ca.
- · Superficial local recurrence of mesothelioma
- Lymph node met's or recurrent malig. melanoma

Hyperthermic Introperitoneal Chemotherapy:

- Peritoneal metastasis colon ca, mesothelioma
- · Since 2019: ovarian ca.

## Summary

- 1. Recent **Phase III trials** confirm the potential of Hyperthermia to boost effectiveness of Radiotherapy and Chemotherapy
- 2. New multicentric intl. phase III trials are mandatory to keep up to momentum. Sites could be stratified for technology used. Central QA mandatory.
- 3. Reimbursement of hyperthermia is improving. A long way to go...
- **4. Innovation** is needed to improve workflow for all staff (patients, physicians, physicist, RTT) and to therapy algorhythms (prescription, planning, execution, QA) for HT combined with RT/CT
- 5. Quality assurance is essential for good clinical practice of all devices





# Oncologic Thermotherapy/Hyperthermia 2020 Selected Swiss Activities





# Reimbursement of Oncologic Hyperthermia (HT combined with RT) in CH

2020: 4 indications for superf. HT approved 2016, 7 for deep HT final approval pending







# ISO-Certification DIN EN ISO 9001:2015 of our Hyperthermia Unit in 2020 (Radiation Oncology Center Aarau and Baden) Increased acceptance of HT at least by hospital administrators and QA management





### SHN/SHRN activities with partners in intl. networks



### Workshop ESHO 2019: Strengthen the ESHO clinical trial committee

Intl. clinical study projects development for Hyperthermia combined with Radiotherapy

- F/u meeting in Amsterdam 11/2019 with a voting on presented clinical protocols (active, finalised not yet activated, in development) for phase I/II/III clinical trials
- Joint ESHO/Atzelsberg effort: Launch/conduct intl. multicentric trials in oncologic HT combined with RT and/or CT

### EU Horizon 2020 Grant H2020-MSCA-ITN-2020-955625

Research and Innovation Framework Programme

Hyperthermia boosting the effect of radiotherapy

Swiss members: RAO KSA-KSB and ZHAW

### **ESTRO 2021**

### Scientific session: Current status of hyperthermia in radiation oncology

Interdisciplinary Symposium on Oncologic Hyperthermia as plenary session jointly with opinion leaders from Japan and USA

### ESTRO 2021: ESTRO - JASTRO Hyperthermia Symposium

Biological rational for combining heat and radiation Jens Overgaard DK

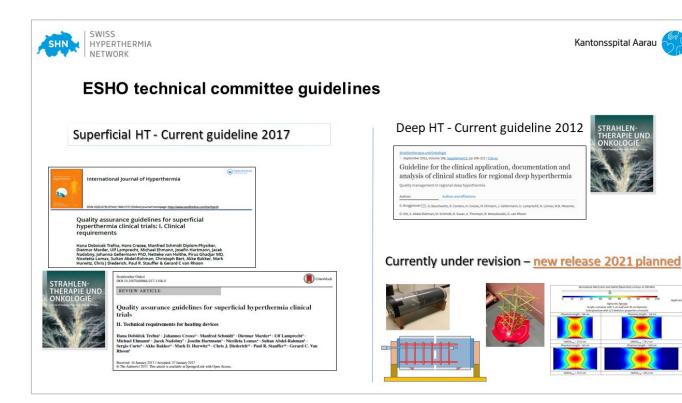
Clinical heating techniques, thermometry and quality assurance Hans Creeze NL

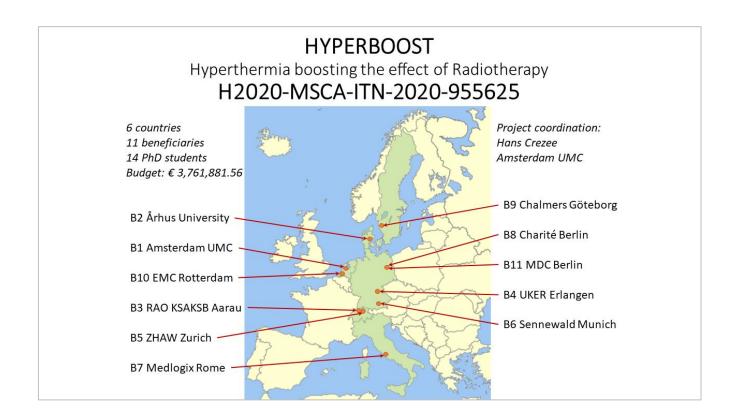
Status of clincial Hyperthermia in Japan Hideyuki Sakurai Jp

Thermoradiotherapy: Clinical evidence and potential indications Zeljko Vujaskovic USA

Conclusions Ben Slotman NL

Chairs: Naojuki Shimegatsu Jp and Stephan Bodis CH

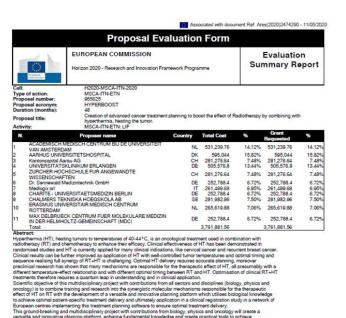






### EU Horizon 2020 Programme

# Grant approved for Hyperthermia



Kantonsspital Aarau 👸

Evaluation Summary Report
Evaluation Result
Total score: 96.00% (Threshold: 70/100.00)

## **HYPERBOOST**

# Hyperthermia boosting the effect of Radiotherapy H2020-MSCA-ITN-2020-955625

Key objectives "HYPERBOOST"

- Train and equip early stage researchers with transferable, multidisciplinary skills essential in high-end biomedical engineering, clinical hyperthermia and translational oncology (WP2)
- Obtain and validate new insights into clinical working mechanisms of hyperthermia (WP3)
- Translate preclinical and clinical results (WP3, WP5) into mathematical relations and treatment planning models (WP4)
- Apply novel treatment planning models for personalised treatment (WP4) clinically to improve the efficacy of clinical treatments (WP5)
- Initiate, stimulate and profit from multidisciplinary cross-pollination between the disciplines involved in hyperthermic oncology (WP3-5)
- Consolidate and expand the European infrastructure and industry for hyperthermia research and clinical application (WP 2-6)